

DEPARTMENT OF THE ARMY  
UNITED STATES MILITARY ACADEMY  
West Point, New York 10996

MACC-P

15 July 2003

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Fall Corps Squad/CS PIAD Army Physical Fitness Test (APFT)

1. The Department of Physical Education (DPE) will administer the Fall Army Physical Fitness Test (APFT) to all Fall Corps Squad PIAD athletes and all Fall CS athletes according to the following schedule:

<u>TEST</u>	<u>DATE</u>	<u>REPORT TIME</u>	<u>LOCATION</u>
CS PIAD	4 August	0600	Gillis Field House
Third Class CS	5 August	0530	Camp Buckner
Fall CS APFT	18 August	1600	Gillis Field House

2. The APFT is a three event, cumulative score test consisting of push-ups (two minute time limit), sit-ups (two minute time limit), and a two mile run. Cadets must obtain a minimum of 60 points in each event and a total of 180 points in order to pass the test. To obtain the Army Physical Fitness Badge (APFB) a cadet must score a minimum of 90 points on each event for a total of 270 points or above. For badge purposes only, those points above 100 on any event will not contribute to the overall total.

3. Cadets who possess a valid medical excuse from the USMA Surgeon will inform their Team Captain and will report, in prescribed uniform, with their medical excuse to the test site at the scheduled reporting time. DPE Personnel will evaluate all medical excusals at the test site and will re-schedule cadets to take the make-up APFT, an alternate test or other option in accordance with current testing policy. It is the responsibility of each cadet to call the Testing Office (3320) to schedule a make-up if an emergency situation precludes their attendance.

4. The uniform for the APFT, to include cadets on medical excusal, is serviceable Gym Alpha with running shoes. ODIA athletic clothing of any type (e.g., shirts, shorts, socks, etc.) is not authorized. The only jewelry authorized for wear during the APFT is a wristwatch.

FOR THE MASTER OF THE SWORD:

/S/

GREGORY L. DANIELS  
LTC, FA  
Deputy Director, DPE

DISTRIBUTION:

1 ea. OR, Varsity Football Team	1 ea. RTO, TAC	1 ea. ODIA (Coaches Berry/Swanson)
2 ea. Director, DPE	2 ea. Director, ODIA	2 ea. Dean
1 ea. BTO	1 ea. Provost Marshall	