

Appendix F
Open vs. Scope Shoulder Study
POST-OP SHOULDER EVALUATION FORM – Physician
United States Military Academy, June 2004

Study ID: _____
 Today's Date: _____
 Physician: _____

Follow-up (circle one): 3 mo, 6 mo, 1 yr, 2 yr, 3 yr, 4 yr, 5 yr, 10 yr,
15 yr, 20 yr, 25 yr, 30 yr

(Note: ASES CONT)

Sign (0 = none; 1 = mild; 2 = moderate; 3 = severe)	Right	Left
Supraspinatus/greater tuberosity tenderness	0 1 2 3	0 1 2 3
Acromioclavicular joint tenderness	0 1 2 3	0 1 2 3
Biceps tendon tenderness (or rupture)	0 1 2 3	0 1 2 3
Other tenderness – list:	0 1 2 3	0 1 2 3
Impingement I (passive forward elevation in slight internal rotation)	Y N	Y N
Impingement II (passive internal rotation with 90 degrees of flexion)	Y N	Y N
Impingement III (90 degrees of active abduction – classic painful arc)	Y N	Y N
Subacromial crepitus	Y N	Y N
Scars – location:	Y N	Y N
Atrophy – location:	Y N	Y N
Deformity – describe:	Y N	Y N

Physician Assessment: Instability 0 = none; 1 = mild (0-1 cm translation); 2 = moderate (1-2 cm translation – rim); 3 = severe (>2 cm translation – over rim)	Right	Left
Anterior translation	0 1 2 3	0 1 2 3
Posterior translation	0 1 2 3	0 1 2 3
Inferior translation	0 1 2 3	0 1 2 3
Anterior apprehension	0 1 2 3	0 1 2 3
Reproduces symptoms?	Y N	Y N
Voluntary instability?	Y N	Y N
Relocation test positive?	Y N	Y N
Generalized ligamentous laxity?	Y N	
Other physical findings:		

Total AS& E Score: _____ (100)