

**Open vs. Scope Shoulder Study**  
**POST-OP SHOULDER EVALUATION FORM – Physician**  
**United States Military Academy, February 2004**

Study ID: \_\_\_\_\_ Follow-up (circle one): 6 mo., 1 yr, 2 yr, 3 yr, 4 yr, 5 yr  
 Today's Date: \_\_\_\_\_  
 Physician: \_\_\_\_\_

(ASES)

<b>Sign</b> (0 = none; 1 = mild; 2 = moderate; 3 = severe)	<b>Right</b>	<b>Left</b>
Supraspinatus/greater tuberosity tenderness	0 1 2 3	0 1 2 3
Acromioclavicular joint tenderness	0 1 2 3	0 1 2 3
Biceps tendon tenderness (or rupture)	0 1 2 3	0 1 2 3
Other tenderness – list:	0 1 2 3	0 1 2 3
Impingement I (passive forward elevation in slight internal rotation)	Y N	Y N
Impingement II (passive internal rotation with 90 degrees of flexion)	Y N	Y N
Impingement III (90 degrees of active abduction – classic painful arc)	Y N	Y N
Subacromial crepitus	Y N	Y N
Scars – location:	Y N	Y N
Atrophy – location:	Y N	Y N
Deformity – describe:	Y N	Y N

(ASES)

<b>Physician Assessment: Instability</b> 0 = none; 1 = mild (0-1 cm translation); 2 = moderate (1-2 cm translation – rim); 3 = severe (>2 cm translation – over rim)	<b>Right</b>	<b>Left</b>
Anterior translation	0 1 2 3	0 1 2 3
Posterior translation	0 1 2 3	0 1 2 3
Inferior translation	0 1 2 3	0 1 2 3
Anterior apprehension	0 1 2 3	0 1 2 3
Reproduces symptoms?	Y N	Y N
Voluntary instability?	Y N	Y N
Relocation test positive?	Y N	Y N
Generalized ligamentous laxity?	Y N	
Other physical findings:		