

**1 Kings 19: 4-8, Ephesians 4: 30—5:2, John 6: 41-51**

***FOCUS: Jesus gave himself that we might have eternal life.***

*Bread is real food for the human senses. If you have ever been fortunate enough to participate in the making of bread, you may have discovered that it satisfies on many levels. The earthy smell of the yeast, as it begins to ferment, fills the air all around and lingers until it is overcome by the aroma of the bread as it bakes. There comes a point in the kneading of the dough when the lump of flour, yeast and water comes to life. When it graciously accepts the slightest indentation, but springs back to its former fullness, it is telling the baker it is ready to be bread. Shaped and rolled by practiced hands, the loaves receive the heat which will transform them into a feast to satisfy the most particular appetite. Pulled from the oven, brushed golden with butter, these mounds are a sight to please the eye and emit an odor which draws people from near and far to impatiently wait until they are cool enough to slice and eat.*

*Bread is real food for the human soul as well. Jesus knew the vital role which bread played in the everyday life of the common people. Simple bread made of barley or wheat flour was the staff of life. Just as Jesus came to the world and lived among humble people, he chose this basic food as the spiritual nourishment by which he would remain with his people until the fulfillment of the kingdom.*

*In today's Gospel, Jesus speaks of the bread the people knew in the past—the manna which sustained the Israelites for forty years in the desert. The people who crowded around Jesus had just been fed with five small loaves miraculously multiplied to feed thousands, with baskets full of leftovers. They knew Jesus as their source of bread for today. The real message Jesus wants all to hear is that he is bread for the future—he is the Bread of Life, he is real food. Although difficult for some to believe, to those who do believe, Jesus promises eternal life.*

*When we partake in Holy Communion, we are sharing in the life of Jesus. Just as the consecrated host becomes a part of the person who consumes it, Jesus becomes part of that person. As Jesus is part of us, we are part of him and part of each other. Joined in communion as the body of Christ, we are to care for one another as we care for ourselves, for we are one. The body of Jesus, the Bread of Life, has made us so. Through our belief in the real presence of Jesus in the Eucharistic bread, we are united with other believers around the world and across the ages.*

*We long for the time when all who hold Christ as their Savior will see the truth, as Jesus gave it to us, and be able to join with us in communion at the meal of the Lord. With the psalmist all are invited to taste and see the goodness of the Lord.*

## MILITARY COUNCIL OF CATHOLIC WOMEN

President-Lisa Glen	446-4874
VP-Lisa Gossart	446-8345
VP- Patty Verzola	446-7926
Secretary-Michele Perez	446-8108
Treasurer-Laura Lahood	446-2871

### *MCCW Outreach*

<b>Prayer Circle</b>	Eileen Carver, 446-7165
<b>Elder Outreach</b>	Vacant
<b>Mercy Meals</b>	Marta Torres, 446-5843
<b>Shelter Meals</b>	Jeanne Etheridge, 446-0503
<b>Liturgy &amp; Spiritual Life</b>	Elisa Bell, 446-8753
<b>Service Project Coordinator</b>	Vanessa Florence
<b>Publicity</b>	Cheryl Endres
<b>Childcare Coordinator</b>	Helen Sobchak, 446-8036
<b>Cadet Representative</b>	Jennifer Barrow, 515-5918
<b>Hospitality</b>	Mary Julich, 446-1071 &
<b>Representatives at-large,</b>	Susan Lathrop, 446-4593 Alice O'Hara, 446-5797

### MCCW Welcome to West Point

The Military Council of Catholic Women (MCCW) extends a warm welcome to all Catholic Women at West Point—both newcomers and women who have been here a while.

Father Burns oversaw a beautiful installation ceremony for our new MCCW Board of Directors on the first of May and, since then, the Board has been hard at work planning exciting activities for the upcoming 2003-2004 academic year.

MCCW's signature activities are our monthly First Friday Celebrations and our monthly evening programs. Evening programs (held every third Wednesday of the month) cover a variety of topics and suggestions are always welcome. Some wonderful programs last year included a baby shower for Baby Jesus, an international rosary, and a talk about raising Catholic children.

Other activities MCCW conducts throughout the year include Pot Luck Luncheons, retreats, and fundraisers for MCCW's national charity. We also offer a variety of outreach ministries that regularly need member support.

Our **Welcome Program** is scheduled **for Wednesday, August 20<sup>th</sup>, 7:00 pm** at Most Holy Trinity Rectory. Join us for food, fellowship and fun. Meet new women and catch up with old friends, learn about our programs for the year, and be a part of your parish community!

For current and upcoming activities, check the MCCW bulletin board in the back of the chapel and the weekly bulletin. Specific questions can be addressed by MCCW's President, Lisa Glen, at 446-4874 or [andyisaglen@hotmail.com](mailto:andyisaglen@hotmail.com).

**SCRIPTURE FOR WEEK OF Aug 9, 2003**

Mon – Deuteronomy 10: 12-22, Matthew 17: 22-27  
Saint Clare  
Tue – Deuteronomy 31: 1-8, Matthew 18: 1-5, 10, 12-14  
Wed – Deuteronomy 34:1-12, Matthew 18: 15-20  
Saints Pontian  
Thurs – Joshua 3:7-10a, 11, 13-17, Matthew 18: 21—19:1  
Saint Maximilian  
Fri – 1 Corinthians 15: 20-27, Luke 1: 39-56  
Assumption of the Blessed Virgin Mary  
Sat – Joshua 24: 14-29, Matthew 19: 13-15  
Blessed Virgin Mary & Saint Stephen

**ANNOUNCED MASSES**

Sat 9 Aug 1715 Parishioners of MHT  
Sun 10 Aug 1000 James O'Neil  
Mon 11 Aug 1205 Dan Alexander  
Tue 12 Aug 1205  
Wed 13 Aug 1205 The O'Keefe Family  
Thurs 14 Aug 1205 Duane Mullinix  
Fri 15 Aug 1205

**Attendance and Offering Last Weekend:**

Attendance 259 Offering \$1,305.05  
**The Designated Offering : August 9 & 10 will be for  
“Military Archdiocese”**

**HOST FAMILY FOR Aug 16-17**

1715 Volunteer  
1000 Volunteer

**LAY EUCHARISTIC MINISTERS Aug 16-17**

1715 M. Naessens, S. Nowatkowski, D. Rutkowski  
1716 T. Povich, M. Torres, M. Vetter

**USHERS FOR Aug 16-17**

1715 Volunteer  
1000 Volunteer

**ALTAR SERVERS Aug 16-17**

1715 Cory Trainor, Danny Trainor, Andrea Glen  
1716 Kelsey Ragsdale, Reed Ragsdale,  
Andrew Nowak

**PROCLAIMERS FOR Aug 16-17**

1715  
1000

**HIGH SCHOOL STUDENTS:**

**GOD'S TYM (Total Youth Ministries)**

**POC Tanya Tolentino @ 424-3609**

Midnight Run will be August 29. We still need:

70 men's undershirts and 60 men's briefs. We will assort clothes for the Midnight Run on August 17 at 6:30 pm in the Sacred Heart Church's basement

Lay Assistant Commissioning Mass is Sunday, August 17 at 2:30 pm.

Core God's TYM meeting on August 24 at 6:30 pm.

***I have a question. Whom do I call? Pastoral Coordinator...*** Kate Hayden 938-8760  
**Chaplain's Assistant...** SPC Alexander 938-3721  
Parish registration, Calendars, Bulletin, Maintenance, Room Scheduling, Purchase Orders, Mass Cards, Fund Requests.

**Director Rel-Ed...** Kay Heppes... 938-8761  
Faith Formation, Rel. Education of Children & Adults, RCIA.

**Wedding Coordinator...** Lorraine Finn...932-2784  
Wedding information, scheduling, paperwork,  
Pre-Cana/Engaged Encounter information.

**Director of Music....** Meredith Baker...938-3544  
Adult, Children's and Cadet Choir, Wedding Music, Liturgical Music.

**Pastor....** Fr. Joseph Deponai...938-3721  
Reconciliation, Baptism, Anointing of the Sick, Pastoral and Sacramental Concerns.

**Cadet Issues....** Fr. Edson Wood....938-2784

**Visit our Web Site @<http://www.usma.edu/Chaplain/mht/>**

***RECONCILIATION, ADORATION OF THE BLESSED SACRAMENT AND BENEDICTION:***  
*Thursdays 1820 –1930 at*  
*MHT Chapel*

## The Institute of Religious Studies of St Joseph's Seminary

Has been offering graduate-level courses in Scripture and Catholic Theology for over 25 years. Currently, it offers courses at its principal campus at St. Joseph's Seminary in Yonkers, the Cardinal Cook Catholic Center in Manhattan, and in Poughkeepsie during evening hours. A Master's of Art Degree as well as a Post-Master's Certificate in Religious Studies is granted by the Institute. In addition, auditors and non-matriculating students with an undergraduate degree are welcome to most Institute courses. An attractive tuition discount is offered to clergy and lay people who serve in paid or volunteer capacities within the Archdiocese.

Call the Institute at (914) 476-1172 for a current brochure or to talk to a Dean or the Registrar. The Fall 2003 semester begins on September 4, 2003

### Dates to remember

*14 August, Mass MHT 1900*  
*15 August, Holy day of Obligation*  
*The Assumption of the Virgin Mary*  
*Mass 0615, Washington Hall,*  
*1205 MHT, 1700 MHT, 1900 MHT*

*16th & 17th of Aug—Religious Education registration & re-registration, Parish registration, after the Masses*

*23 & 24 August—Sign up for, Liturgical Ministries, MCCW, Religious Education registration, re-registration & Parish registration, after the Masses.*

*25 August—Ministry Training*  
*1930 MHT Church/Rectory*

*24 August—Baptismal Class, MHT Rectory 1230*

*31 August—Ministry Training*  
*1300 MHT Church/Rectory*

*16 Aug Masses start normal schedule*  
*Sat 1715, Sun 0900 & 1100*

*7th September—Opening Day for Religious Education.*  
*7th September — Parish Picnic*

## **Liturgical Ministers**

If you can serve in our parish as a Minister of Eucharist, a Proclaimer, a Music Minister, an Usher or a Host Family Member, please attend one of our Liturgical workshops. There is going to be one held on Monday Aug 25th @ 1730 and one on Sunday, Aug 31st, 1300. Both will be held here at MHT. These are intended primarily for new Liturgical Ministers, but all those in our ministries are encouraged to attend as a refresher. **Description of our Ministries:**

***Minister of Eucharist*** – Shares in the ministry of sharing the Body and Blood of Christ at Mass, at a Communion Service, or bringing Communion to the sick.

***Proclaimer*** – Shares in the ministry of bringing God’s word to his people by proclaiming the Scripture at Mass.

***Music Minister*** – Shares in the ministry of leading prayer at Mass by cantoring, singing with the choir, or playing an instrument.

***Usher*** – Shares in the ministry of hospitality by welcoming people to our liturgy, assisting them to find a seat, and to help with any other logistical issues. Ensuring that everyone has a songbook and a parish bulletin; counting the collection after Mass.

***Host Family*** – Shares in the ministry by greeting parishioners as they arrive, leading the congregation in the prayers of the faithful, presenting the gifts to the priest at the offertory , and joining in the procession.

***Servers*** – Shares in the ministry of acolyte by caring candles, the processional cross, and holding the sacramentary.

## **Musings from the Pastor’s Corner**

***“GOD is alive, well and hopping in MHT!”***

Hard to believe but we are less than two weeks away from the start of the academic year!

Driving down Winnan Road today, I was struck by the fact that our new families are moving into the newly renovated houses of New Brick PH I! Life on this “rockbound highland home” is moving forward at warp speed!

As I compose this, the new cadets and their cadre are making their way out to Lake Frederick. As one new cadet shared in the middle of Bull Pond Hill a couple of years ago: “Father, why didn’t they establish West Point in Kansas?”

Transitions. We thank God for the wonderful pastoral ministry of Fr. Vince Burns and pray for him as he makes his way to Korea. Thanks for being in the Army and Catholic, Fr. Vince, as a great man would say!!!!!!

We thank the many parishioners who made the Plebe Chapels on Wednesday nights a success! I thank **Ms. Eileen Stewart**, her son a 90's graduate, who for each Wednesday baked 30 cakes, 10 brownies and brought various goodies! But the icing would never have been on the cakes without the help of our MHT Teenagers, Moms and Dads! ***We thank all of you who cooked and baked and took care of our newest family members-*** in the midst of your busy schedules! **To all who were a part of this- a deep thanks!**

***WE NEED HELP! ..... So, listen to the voice of the Holy Spirit and say yes!***

**Please come and join us in our various ministries and organizations!**

**Envision: SITTING IN MOST HOLY TRINITY IN MID-JULY AND THINKING: "I SHOULD HAVE BROUGHT MY SWEATHER!"**

The Air Conditioning Project continues: We are going to be "chillin" at MHT. More to Follow!

Finally: Come and sit with Jesus! Beginning 13 August 03 @ 1820-1930. Exposition, Confessions, and Benediction of the Blessed Sacrament at MHT! Come with the family- talk with Jesus! .....Fr. Jerry